

# Meeting Notes



## Maternal Wellness Coalition

April 14, 2022 | 12:00pm-1:30pm

Register for Zoom here:

<https://us02web.zoom.us/meeting/register/tZMod-mggjMsHt1TqgTfeCoMaqy1680YONhR>

\*\*\*\*Please note, if you have already registered, you do not need to register again. Please use the Zoom link within the confirmation email or within your calendar invite.

Meeting ID: 875 0084 8649 Passcode: 707487

Dial by your location: [+1 669 900 6833](tel:+16699006833)

Attendees: Elizabeth C Maldonado, Nick Lutton, Barbara Bravo, Alicia Martinez, Nidia Villarreal, Christina Tran, Yvette Olivera, Devonderia Sanchez, Isabel Rivera, Karina Casarez

### ❖ Welcome & Introductions

#### ➤ Partner updates

- Young Minds Kings County (CHC) - Started a coping and resiliency group on Wednesday in Hanford office for high school; 93 sign ups. There is a health fair coming up in Avenal. First Week in May there will also be a Health Fair in Corcon. Thinking of family engagement activities during the summer
- EPU will be hosting a 3-part series with the state council on disabilities. Series is for new mom and dads of children aged 0-3 focused on:
  1. Developmental milestones
  2. ISB process and understanding family rights
  3. Transitioning to age of 3
- Black Maternal Health Week:  
<https://www.youtube.com/watch?v=aJi1M-FMTH8>



- A discussion with a new mother and her Doula. They discuss their journey, maternal experience, benefits of a Doula, and post maternal health.
- ❖ Updating toolkit
  - Karina showed the updates made on the toolkit and what gaps are still missing
  - It was suggested to add image regarding Developmental Milestones
  - It was suggested to add page for UCP
  - It was suggested to add page for KCAO (Early Head Start & Infancy programs)
  - It was suggested to add page for First 5
  - Karina was given a contact for TCOE
  - Organizations finalized in toolkit:
    - NAS Lemoore
    - Central California Food Bank
    - EPU Children's Center
    - Anthem
    - Mother to Baby
    - Birthright
  - Organizations missing information:
    - Local Doulas
    - WIC
    - CHC
    - Crossroads Pregnancy Center
    - Kings County Breastfeeding Coalition
    - Behavioral Health
    - Veteran's Affairs
    - Fleet & Family Services
    - Adventist Health
    - UCP
    - KCAO
    - First 5 Kings County
    - TCOE
    - Lactation Services
    - Clinical Services

**Next Meeting:** Thursday May 12th, 12-1:30pm

