

AGENDA



Healthy Eating/ Active Living

March 9, 2022 - 1:00am-2:00pm via Zoom

<https://us02web.zoom.us/j/86004703223?pwd=eUdOejlxUlhhUmhWNnBKS2NCQUtTQT09>

Meeting ID: 860 0470 3223 Password: 884799

Dial by your location: +1 669 900 6833

Attendees: Pam Eide, Renee Farias, Juan Martinez, Everado Legaspi, Michelle Beiber, Gloria Gonzalez, Jacobus Kos, Martin Rios, May Ly, Julie LeFils, Martha Rosales, Cameron Jones, Karina Casarez

- ❖ Welcome & Introductions
- ❖ Food Distribution Updates
 - Applied for funding to expand services into Home Garden and into Santa Rosa Rancheria; still waiting but received news that it's very promising to receive this funding
 - Middle of review for the state due to holding the grant for food distributions; want to know if they're expanding services and if so, how they can help. Looking to receive about \$300,000 for fruits and vegetables. Nearly a guarantee to receive this fund. Will be working with local farmers during a 2 year program and will be holding distributions during the summer.
 - Grand opening for new pantry in West Hills; Karina will send the invite to the full group;
 - Availability to have an info table at the event; if you are interested, contact Juan Martinez
- ❖ CalFresh updates
- ❖ March Panel
 - During KPFP meeting next week (March 17), will be doing a panel on 'Everyday Wellness'
 - Questions
 - Q: What are the trends you are seeing in your field in regard to food access, nutrition, and education?



- Q: How has COVID-19 affected these areas and how can we combat these and move forward?
- Q: What do you do as a nutrition professional to maintain wellness?
- Q (for attendees): What do the attendees do already within these areas?
- Q (for panelists & attendees): How does food insecurity affect stress and the clients these providers are serving?
- Q: If logistics, money, resources etc did not exist, what one type of food do you think would benefit citizens of KC the most if we got it to each citizen?
 - / What do you think at risk groups are missing?
 - Difficult question to answer
 - Sometimes more about the quality than about the type of food
- Q: Are there specific foods that affect children's behavior and or adults behavior?
- Q: What do providers believe the benefits are to having a food pantry?
- Panelists
 - Potentially someone from Managed Care Plans
 - Michelle Bieber agreed to be a panelist
 - Suggestion for Program Manager from Blue Cross (Kerina Mendoza)
- ❖ Formalization
 - [Charter](#) finalization
- ❖ Organization Updates

Next Meeting: Wednesday April 13th, 1-2pm

